



2-1-1 San Diego is a **free, 24 hour, confidential** phone service in **200+ languages** and a searchable online database.



Dial 2-1-1



Chat Live



Search



Enroll

How we help:

We are a trusted, local, nonprofit organization with connection to 6,000+ community, health, disaster services, and so much more.

2-1-1 TIERED SERVICES

CARE COORDINATION

INFORMATION & ASSISTANCE

INFORMATION & REFERRALS

Health & Wellness:

2-1-1's Health Navigation offers comprehensive needs assessment, health education, case planning, advocacy, connection to resources, and ongoing care coordination.

Military & Veteran Services:

Courage to Call, San Diego's peer-to-peer talk and chat line is the single access point for information, referrals, navigation, and ongoing care coordination for active duty military, veterans, and their families.

Enrollment Services:

We identify, screen, and help people apply over the phone for benefit programs including CalFresh, Medi-Cal, Medi-Cal Recertification, CARE, and Covered California.

Food Assistance:

Over 400,000 San Diegans don't have enough food to feed their families. 2-1-1 connects people to programs that help including CalFresh, food banks, emergency food, WIC, and more.

Housing & Utilities:

We connect people to housing resources, emergency shelters, affordable and supportive housing options, rental assistance programs, tenant/landlord mediation, utility assistance and housing-related information.

Disaster Support:

In times of disaster, 2-1-1 is here to provide real-time information and referrals San Diegans can count on in a crisis.

Community Data:

2-1-1's robust data offers vital information and trend reports for proactive community planning.

211SanDiego.org



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