



## SUMMER CAMP 2024

**AGES**  
3 YEARS TO  
5 YEARS

### Office Hours

7:00 a.m. - 6:00 p.m.  
760-643-5272  
After Hours 6:00 p.m.  
760-643-5271

Peggy Kidd Wozniak  
(760) 643-5272  
mwozniak@cityofvista.com

### Camp Hours

9:00 a.m. - 3:15 p.m.

### Extended Camp

7:00 a.m. - 6:00 p.m.  
Included in the Weekly  
Cost

### Camp Locations

Jim Porter Rec Center  
1200 Vale Terrace  
Drive

### GUEST ENTERTAINERS

WEEKLY ENTERTAINERS WILL  
PERFORM AND AMUSE US WITH  
THEIR TALENTS. WE ALSO HAVE  
ANIMAL AMBASSADORS THAT  
WILL EDUCATE US

PLEASE SEE PEGGY FOR MORE  
INFORMATION

**PLEASE NOTE:**  
CALENDAR/ACTIVITIES ARE  
SUBJECT TO CHANGE  
WITHOUT NOTICE.

# MINI EXPLORERS

	Theme/Week	Monday	Tuesday	Wednesday	Thursday	Friday!
1	<u>June 10 - June 14</u> <b>Super Heroes</b>	10 <b>Love on a Leash</b> Super Hero Masks	11 Super Hero Cuffs Color Cut Outs Easel Painting	12 <b>Gym Kids 9:45</b> Super Hero Shields	13 Dot to Dot Musical Chairs Super Shapes	14 Batman Art Sensory Table H is for Hero
2	<u>June 17 - June 21</u> <b>Princess &amp; Pirates</b>	17 <b>Love on a Leash</b> Chick Chick Boom	18 Pirate Ship Game Crowns P is For...	19 <b>Professor Rich</b>	20 Wands & Swords Tennis Ball Painting Memory Game	21 <b>Super Dentist</b> Cinderella
3	<u>June 24 - June 28</u> <b>Recycle Reduce</b>	24 Recycled Art Oobleck Plunger Relay	25 Bird Feeder <b>BMX Bike Show</b>	26 Leaf Impressions Balloon Painting Paper Bag Painting	27 Rock Painting Water Color Flower Simon Says	28 Playground Recycle Songs R r Worksheet
4	<u>July 1 - July 5</u> <b>Stars &amp; Stripes</b>	1 Sand Art American Flag Paper Lantern	2 Red White & Blue Windsock Beach Ball	3 Patriotic Fans Ice Cube Painting Paper Plate Visor	4 	5 Bounce House Fire Cracker Painting
5	<u>July 8 - July 12</u> <b>Nursery Rhymes</b>	<b>Love on a Leash</b> Hickory Dickory	9 Itsy Bitsy Spider Humpty Dumpty Gingerbread Man	10 <b>Bubble Show</b> Jack & Jill		12 <b>Gym Kids 9:45</b>
6	<u>July 15 - July 19</u> <b>Amazing Animals</b>	15 Toilet Paper Animals Animal Charades Animal Puppets	16 <b>ZOVARGO</b> Hungry Caterpillar	17 Butterfly Craft Floor Puzzle Coffee filter Dog	18 Lion Mask Wild Things Rolli Polli Ball	19 Water Fun Bouncy Snakes Animal Stencils
7	<u>July 22 - July 26</u> <b>Making Music</b>	22 Musical Feet Microphones Bell Bracelets	23 Rain Sticks Key Wind Chime Floor is lava game	24 Freeze Dance <b>Science &amp; Magic</b>	25 Crocodile Castanets Hokey Pokey Airbands	26 <b>Super Dentist</b> Rain Sticks
8	<u>July 29 - August 2</u> <b>Outstanding Olympics</b>	29 Crab Relay Tennis Painting Follow the Leader	30 Letter Plates Candy Medals Gadget Painting	31 Tug-a-War Sponge Relay O is for Olympics	1 <b>Airbrush Tattoos</b> Obstacle Course	2 Bounce House Sensory Table Olympic Rings
9	<u>August 5 - August 9</u> <b>Splash Splash</b>	5 Water Balloon Toss Sea Salt Act Filter Flowers	6 Sponge Water Relay Ice Cube Painting Science with H2O	7 Water Table Play Bubble Wands Ice Boats	8 Sprinkler Play Sink or Swim Science Hydro Painting	9 <b>Dance Party</b> <b>Live DJ</b> <b>With Prizes</b>

# MINI EXPLORERS CAMP

## IMPORTANT INFORMATION

### Importance of Playgrounds:



A playground provides the environment needed for children to engage in elements that develop key cognitive, social and physical skills.

How children play, or their patterns of play, reinforce the importance of having a mixture of playground equipment that encourages an assortment of play behaviors.



### Importance of Socialization:

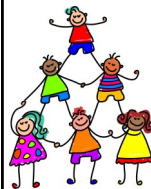
Socialization, in fact, is an important part of your child's development overall ~ with social milestones helping your child to manage personal feeling, understand others' feelings and needs, interact in a respectful and acceptable way.



### Importance of Water Safety:

Water safety is important for all ages, but especially for toddlers. Drowning is the leading cause of death in children ages 1 ~ 4. Young children can drown in as little as an

inch or two of water, and can happen quickly and silently.



### Importance of Structure:

Clear structure and expectations provide limits and boundaries and help children not only predict how parents will react but also teaches them how to behave. Consistency means that we follow through with what we say we are going to do. It gives power to our words.

## DON'T FORGET!

### CAMP REMINDERS

- Closed-toed athletic shoes required at all times.
- Place camper's name on all personal items. City of Vista is not responsible for any lost or stolen items.
- Foul and vulgar language will not be tolerated at camp.
- Please note if a waiver is needed in order to participate.
- Lunch is provided, but please let us know of any food allergies!
- Snack is provided morning & afternoon.
- NO toy or electronics from home. City of Vista will not be responsible for lost or stolen items.

## SUMMER LUNCH PROGRAM



The California Department of Education Summer Food Program provides free meals to children, 18 and under, at Jim Porter Recreation Center

(formerly Brengle Terrace), located at 1200 Vale Terrace Drive in the City of Vista. Since school meals are not available during summer vacation, children can rely on the Summer Food Program to provide nutritious food that will assist them to grow to their full potential. Youth simply show up at the site during the time meals are being served, and enjoy good company and a delicious meal. Meals must be eaten onsite.



The free lunches are served from Noon to 12:45 p.m., Monday-Friday, from June 11 through August 12, 2023 at the Recreation Center.

In accordance with federal law and U.S. Department of Agriculture Policy, the City of Vista is prohibited for discriminating on the basis of race, color, national origin, sex, age or disability.

Menu is available online or in the office during camp hours, [www.vistarecreation.com](http://www.vistarecreation.com)

**IMPORTANT!** If your child has food allergies, please notify Peggy in the office or at (760) 643-5272.

## MEET THE STAFF



### Susanna LaBelle, Mini Explorers Lead

I'm looking forward to spending another summer here at the City of Vista Summer

Camp! This is my 10th year as one of the City's preschool teachers and 5th year with the Day Camp. I am a Rancho Buena Vista High graduate and attended Mira Costa College for Early Childhood Education. I also have 2 wonderful children of my own. The kids and I love to go hiking and camping, keeping me busy with the adventures of raising 2 children. I love to garden, I have much to share with the campers!

## FUN FRIDAYS



Each Friday, we do full camp activities ~ such as a field day, water balloon games, talent show, plays or an ice cream social . Two counselors will be in charge of planning the activities each Friday. Both an AM and PM activity will be planned. Fridays are designed to have fun, enjoy a little competition and/or learn something new, like how to make slime!

If you have any questions about the Fun Friday activities, please feel free to stop by the office and talk to Peggy.