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The clinicians at VCC are here to make sure all women in the community have access to dependable quality care for a healthy pregnancy, delivery, and postpartum experience. Healthy lives start at VCC.”

- Josue Leon, MD, OB/GYN
Women's Health Services Director, VCC



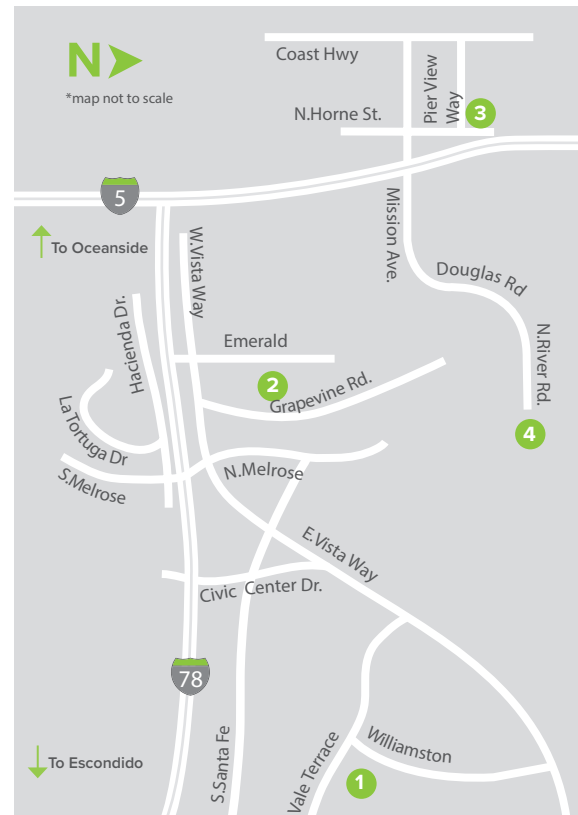
Our Locations

1. VCC: Vale Terrace Women's Center
1000 Vale Terrace
Vista, CA 92084

2. VCC: Grapevine
134 Grapevine Road
Vista, CA 92083

3. VCC: Horne
517 N. Horne Street
Oceanside, CA 92054

4. VCC: North River
4700 North River Road
Oceanside, CA 92057



For individual location hours and more information, visit our website at:
www.vcc.org

Prenatal Care



Call or text for appointments:
(844) 308-5003
www.vcc.org



Are you expecting a child?

At VCC, we are committed to providing you with the best care to ensure a healthy pregnancy and the safe delivery of your baby. You can count on us for the kind and compassionate prenatal care you need at this very special stage in your life.

We understand that every patient has unique concerns. We will work with you and your family to meet your needs.

Early and regular prenatal care is essential for a healthy pregnancy and healthy delivery.

Call or text us at (844) 308-5003 to make an appointment.

Our Services

- Regular visits throughout pregnancy with our team of board-certified OB/GYN physicians, Advanced Practitioners, and prenatal health educators
 - On-site ultrasounds
 - On-site laboratory tests
 - Genetic screenings
 - Immunizations needed for a healthy pregnancy and baby
 - Nutrition program to help patients with management of pre-existing or gestational diabetes
 - Coordinated care with Perinatology specialists for high-risk pregnancies
 - Delivery by our experienced OB/GYN physicians at the premier birthing facility at Palomar Medical Center, Escondido
- The Neonatal Intensive Care Unit (NICU) in at Palomar Medical Center, Escondido is a Level III unit that provides advanced intensive care 24-hours a day to newborn infants with extreme prematurity or who are critically ill or require surgical intervention.
- Postpartum visits and support after the birth of your baby
 - Experienced, caring pediatricians with VCC to care for your baby
 - Free prenatal vitamins

Support Services for Prenatal Patients

- Individualized health education
- Nutritionist
- Certified Childbirth Educator
- Breastfeeding education and support
- Dental care
- Resources for social services
- Referral to WIC
- Rewards Program

Payment Options

- We accept cash*, Medi-Cal, Tricare, Covered California health plans and most of private health insurance.
*Cash Pay Program, with discounts for Sliding Fee Scale eligible patients
- VCC offers free enrollment assistance into a healthcare plan

Why choose VCC for Prenatal Care?

- Experienced, kind and compassionate clinicians and staff who enjoy their work caring for you, your baby and your family
- Clinicians experienced with management of both low-risk and high-risk pregnancies
- 94% of prenatal patients would recommend the program to their family and friends
- Beautiful, state-of-the-art clinic facilities
- Evening and Saturday appointments available for your convenience