

# **Public Service Programs**

The Community Development Block Grant (CDBG) program is an important tool that helps local governments address serious challenges facing their communities. CDBG funds are used for a wide range of community development activities. Below is a list of community activities that are currently funded by CDBG in the City of Vista.

#### Alpha Project – North County Outreach Program

(760) 630-9922 | https://www.alphaproject.org/

Connects homeless men, women, and families with children in the City of Vista. Outreach staff conducts comprehensive assessments, links homeless persons to housing navigation and other supports, and provides regional reporting on the outcomes.

## Boys & Girls Club of Vista – SMART Moves

(760) 724-6606 | <u>http://www.bgcvista.org/</u> The SMART (Skills Mastery and Resistance Training) Moves program equips children with basic life skills to help boost their self-confidence.

#### City of Vista – Senior Nutrition Program

(760) 639-6161 | http://www.cityofvista.com/

The Senior Nutrition Program enhances the lives of senior citizens in the City of Vista by promoting physical, emotional, and social well-being and involves seniors in community life by providing congregate meals at the senior center.

## Legal Aid Society of San Diego – Fair Housing

(844) 449-3500 | https://www.lassd.org/

Counsels property owners, managers, tenants, and homebuyers on fair housing related issues. The organization can also advise you of landlord/tenant rights and responsibilities, including repair issues and to mediate with your landlord on your behalf.

#### Mama's Kitchen – Home Delivered Meals

(619) 233-6262 | http://www.mamaskitchen.org/

The home-delivered meal service provides 100% nutrition to Vista residents who are vulnerable to hunger because of the debilitating effects of cancer or AIDS. This is offered on a citywide basis free of charge.

#### Meals on Wheels

(760) 726-1225 | https://www.meals-on-wheels.org/

Meals on Wheels delivers meals to seniors who are homebound accompanied by a safety check and in-home social visit in the City of Vista.

#### North County Lifeline – Project Outreach

(760) 842-6202 | <u>http://www.nclifeline.org/</u> Ensures that the basic needs of homeless students are met by providing various assistance to help remediate the crisis situations for the families.

#### **Operation HOPE – Homeless Shelter**

(760) 536-3880 | <u>https://www.operationhopeshelter.org/</u> Provides emergency shelter to families and single women and provides weekly case management support and classes to build skill sets in order to prepare people for independence.

### Palomar Family Counseling Service, Inc. – Vista Family, Youth and Child Response Program

(760) 741-2660 | http://www.palomarfamilycounseling.com/

A crime, delinquency, and gang prevention program that includes mental health counseling to at-risk youth and children and their families.

#### Vista Community Clinic – Wellness Center

(760) 631-5000 | http://www.vistacommunityclinic.org/

Provides people in need with preventive care and treatment on a walk-in basis. This includes children needing immunizations and well-child checkups and adults in need of seasonal flu and pneumonia vaccines.